My child is about to start school

Some tips to make things easier in their first year
While you’re waiting for school to start, you can encourage your child to:

- go to the toilet and wash their hands by themselves
- get dressed and undressed
- put on and close their coat
- put on their shoes
Encourage and praise your child whenever they try!

tidy their things

blow their nose
When you talk to them about their day at school, ask them a few questions to encourage them to talk:

- Did you do a drawing?
- Did you eat your snack at playtime?
- Who did you play with?
- Did anything special happen?
- What did you learn?
- What did you enjoy doing at school today?
- ...

Play is the most important thing children do. In fact, play makes it easier for them to start learning.

“Play is children’s work: it’s their job and a key part of their life.”

Pauline Kergomard, founder of nursery schools in France

Play also helps them to connect with and respect other people, to share and build relationships.