

My child is about  
to start school



Some tips  
to make things  
easier in their first year

While you're waiting for school to start, you can encourage your child to:



go to the toilet  
and wash their hands  
by themselves



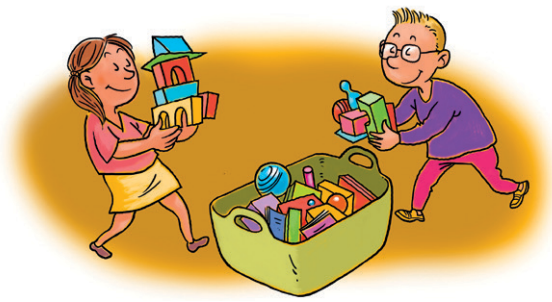
get dressed and undressed



put on  
and close  
their coat



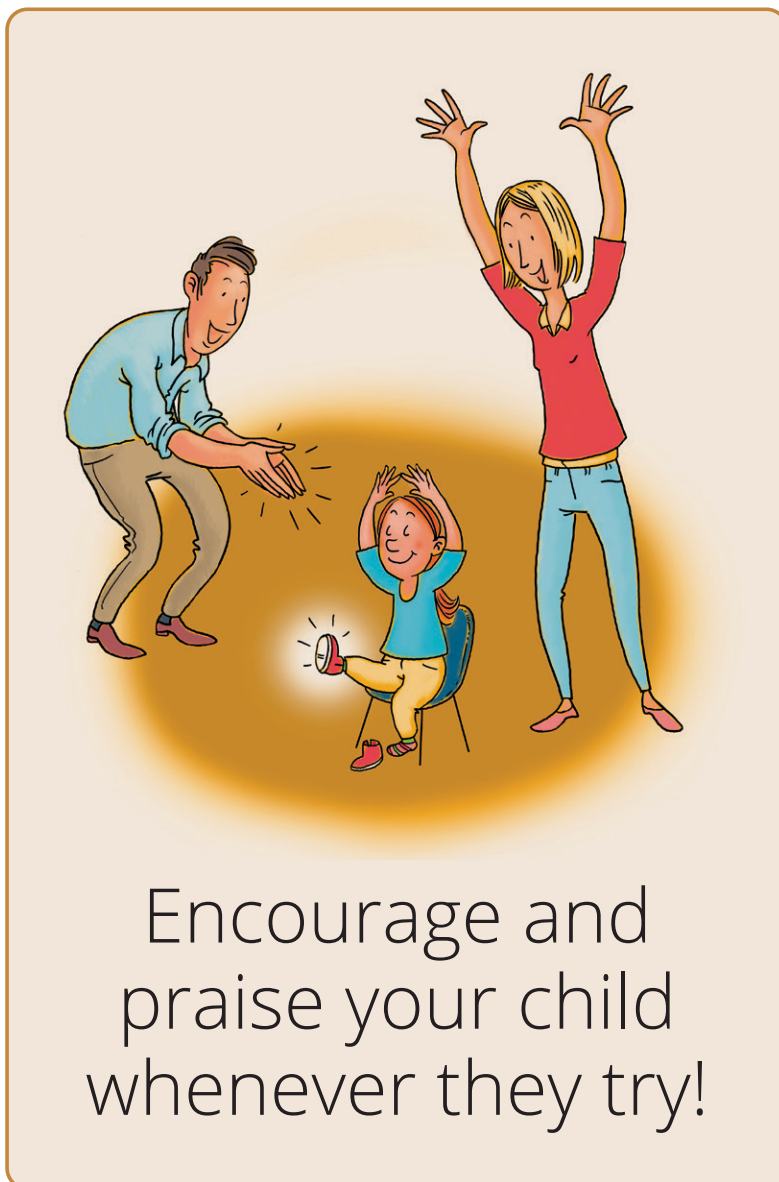
put on their shoes



tidy their things



blow their nose



When you talk to them about their day at school, ask them a few questions to encourage them to talk:

- Did you do a drawing?
- Did you eat your snack at playtime?
- Who did you play with?
- Did anything special happen?
- What did you learn?
- What did you enjoy doing at school today?
- ...

Play is the most important thing children do. In fact, play makes it easier for them to start learning.



*"Play is children's work:  
it's their job and a key part  
of their life."*

Pauline Kergomard, founder  
of nursery schools in France

Play also helps them  
to connect with and respect  
other people, to share and  
build relationships.



DEF Département de l'enseignement  
et de la formation professionnelle  
DGEO Direction générale de l'enseignement  
obligatoire et de la pédagogie spécialisée

[www.vd.ch/scolarite](http://www.vd.ch/scolarite)  
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